## Back/Face Zones

Feet and Face	60 Min	\$75
Feet and Back	75 Min	\$90
Feet, Back and Face	90 Min	\$120

## Face Zone

FaceZonology is the study and science of the signals in the face. These signals are connected to the limbic system and the brain, the "mental" body. Our limbic system is our sensory system, and whatever we have seen, smelled, tasted, heard or touched has made an imprint in our "mental" body. Over time, disharmony that we have been exposed to through our senses can cause disturbances in our mental body. This can move us away from who we are truly meant to be.

Through this technique, the entire signals in the face are utilized to provide balance and alignment. This raises your awareness about your own beliefs and removes mental imbalances that are not in harmony with your true self. The mind and body are brought back to a state of self-correction that influences the hormones and inner organs.

## Back Zone

Is the study and science of the signals in the back that connect with our emotions. This technique utilizes the signals in the back to balance and repair the inner emotional body that is held within our physical body. It raises the life energy and has a positive influence on health and vitality. It also increases blood circulation, cleanses the tissue and lymphatic system, corrects the spinal nerves and balances the bone structure. It has a positive influence on the autonomic nervous system, the inner organs and hormones. It strengthens the muscles in the back by improving their elasticity and firmness. Overall, it can greatly improve the physical appearance of the body!

Through this technique, the therapist can analyzes imbalances and disturbances that emotions have caused the body to take on. All things in life that one has been emotionally engaged in leaves an imprint in the body. It is these imprints that are discovered and analyzed, and can be balanced, aligned and corrected.